

## NEWS & UPCOMING EVENTS

**TEMPLE BETH EL**  
1435 West Seventh Street  
San Pedro, CA 90732  
310.833.2467  
www.bethelsp.org



## Tech Team

These amazing folks have volunteered to take calls from anyone having trouble using Zoom

Gale Swartz  
Andrea Lawrence  
Eric Imley  
Lillian Imley  
Shoni Gramcko  
Sharyl Holtzman  
Matthaniel Cowell  
Karyn Zafran (available on weekends and after 5pm weekdays)

## Upcoming Virtual Programs

### Teen Opportunity **Youth Kahoot & Check-In**

#### **Tuesdays at 5:00 p.m.**

For all Yaldei Shalom and SPeTY students with Cantor Ilan

Zoom Meeting ID: 938 934 100

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 983 934 100 followed by the # key
3. Press # again
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.



## **Cantor's Corner**

**Tuesdays at 7:00 p.m.**

Please join us for inspiring music with Cantor Ilan

Meeting ID 511 057 769

## **Zoom Torah Study**

Study from home with Rabbi Cassi Kail

**Thursdays at Noon**

Join us to explore the weekly Torah portion. No experience is necessary

Zoom Meeting ID 561 240 220



## **Breakfast & Storytime with Cantor Ilan**

**Fridays at 9 a.m.**

Kids come join Cantor Ilan for Storytime

Zoom Meeting ID 668 983 799



## **Contemplative Sound Healing with TBE congregant, Chaplain Bonnie Leopold**

**Fridays at 10 a.m.**

Please join TBE congregant Bonnie Leopold every Friday at 10:00 a.m. for beautiful sounds of healing and peace

Meeting ID: 855 238 144

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 855 238 144 followed by the # key
3. Press # again

4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## Shabbat Service

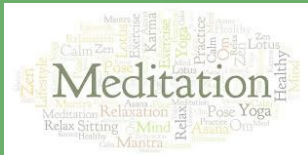
**Friday, June 26  
7:00 p.m.**



This service will be conducted online through ZOOM and will also be on Facebook Live

Zoom Meeting ID: 453 937 541

Facebook Live: <https://www.facebook.com/tbesanpedro/>



## Meditation Class

**Saturday, June 27  
5:00 p.m.**

Please join Pam Tarlow for our Meditation Class filled with beautiful songs, guided chants, and meditation

Zoom Meeting ID 380 652 890

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 380 652 890 followed by the # key
3. Press # again
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## Havdalah Service with Rabbi Cassi Saturdays at 7:00 p.m.

Join Rabbi Cassi for a short musical service marking the end of Shabbat, and the beginning of a new week

Zoom Meeting ID 793-556-325

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 793 556 325 followed by the # key



3. Press # again
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.



## *CAMPFIRE ON TOUR*

### **A Weekly Online Concert Series benefiting URJ Camps & NFTY**

**Streaming Facebook LIVE at [Facebook.com/URJORG](https://www.facebook.com/URJORG)**

Later on Instagram (@Reformjudaism)

and YouTube (YouTube.com/user/URJWEB/channels)

### **Sunday Nights at 5:00 p.m.**

This Sunday, June 28 features the music of **Dan Nichols**

[Donate.Reformjudaism.org/Campfire](https://www.Reformjudaism.org/Campfire)

#### *Tour Dates:*

July 5 - Spike Kraus

July 12 - Elana Arian

July 19 - Chava Mirel

July 26 - Michelle Citrin

August 2 - Josh Nelson

August 9 - Noam Katz

August 16 - Julie Silver

August 23 - Rick Recht



### ***"Peter's Picks"***

**Recommended shows & programs to  
watch from our TV guru, Peter Herwitt**

While we are adjusting to a new way of life and behavior for the time being, we are also becoming creative in the way we are using our time. FaceTiming, Zooming, calling family and friends, renewing friendships, reading and sharing thoughts and ideas. At the end of a TBE committee meeting, I have been sharing some movies and programs with the committee members. The question became why not include more people? With this in mind, we came up with the title **"Peter's Picks"** (thank you Doris Jacobson). If you have some free time, and you like movies or special programs, give it a try.

Here are my recommendations for the week.

### **Mudbound**

2017 Netflix. Set in the rural American South during WWII, this is the story of race relations between two families, one white the other black as they farm the land in the Mississippi Delta.

### **The Spy**

2019 Netflix. Sacha Baron Cohen stars in this 6-episode series. An Egyptian born Jewish man is turned spy by the Mossad and sent to Syria on a perilous years long mission.

Wishing you happy viewing. Stay safe,  
Peter

## **CAMP NEWMAN:**



**This Friday, June 26 at 12:00 p.m.**  
**Temple Beth El Party with Rabbi Cassi and Cantor Ilan**

For all campers signed up for Zoomin with Newman (2nd-8th grades). Campers will receive an email link for this fun Camp Party!

**Continuing this week through June 27**  
**Virtual Camp: Zoomin' with Newman**

For campers entered 2nd-8th grades, this program creates meaningful relationships with campers and counselors, engage in *chuggim* like cooking, guitar, art, dancing, *Teva*, *hashkevah* (Cabin Time), *siyum* (closing circle), and MORE!

**Calling all teens entering 8<sup>th</sup>-12<sup>th</sup> grade ...**

**TeenFest 2020 is officially open for registration!**

Dates: June 29 - July 11 **(Register by TOMORROW, June 24)**

This amazing two week virtual experience is built with YOU in mind, with the programs and activities you were looking forward to this summer, opportunities to build and strengthen friendships, celebrate Shabbat, sing, dance and stay connected to our amazing Camp Newman family.

- Choose a Track
- 8<sup>th</sup>-9<sup>th</sup> Grade: Rishonim teens will dive into eco-Judaism leadership together with a focus on environmentalism, nature and tikkun olam.

- 10<sup>th</sup>-12<sup>th</sup> Grade: Hagigah teens will choose a major, exploring Judaism through a variety of art forms including tallitot creation, paper cutting, songleading, writer's room and more!
- 10<sup>th</sup>-12<sup>th</sup> Grade: Hevrah teens are passionate about justice work and ready to take action through advocacy, protest art, lobbying and more!
- 10<sup>th</sup>-12<sup>th</sup> Grade: Yitro Leadership track offers majors for teens interested or already on their temple youth group or NFTY/BBYO boards looking for useful, relevant training and tools to take their leadership to the next level.
- All teens, regardless of track, will get to select one elective per week!
- Can I be with my friends?
- Yes, all teens can request two friends to be in their chavurah (cabin group). Chavurot will be grouped by age (8<sup>th</sup> & 9<sup>th</sup> together, 10<sup>th</sup>-12<sup>th</sup> together regardless of track)
- How much does it cost?
- Tuition is \$200 and includes two weeks of fun, growth and action PLUS exclusive surprise swag! We've made every effort to keep additional supply costs low and you will receive a list of supplies, specifically for Hagigah Majors, and other art electives so that you can plan ahead if needed. If you rolled over your tuition from this summer for future use OR requested a refund, we will deduct TeenFest tuition directly from your account!
- What is the schedule?
- Here is a sample daily schedule:
  - 3:00-4:00 Majors within your Track
  - 4:00-4:15 Chavurot
  - 4:15-4:30 Break
  - 4:30-5:15 Elective
- How do I register?
- Simply login to your [CampInTouch account here.](#)
- More questions? [Learn more on our website](#) or email [campnewman@urj.org](mailto:campnewman@urj.org)!

### **Create a Digital Quilt**

Camp Newman community – we want YOU to participate in our exciting new art project: "A Patchwork Quilt of Camp Newman."

We want to create something that showcases the beauty of camp and of our community, and ties us together during this time when we are forced to be apart. Your finished piece of art will be one small piece of a "digital quilt" that we will be sharing with the community.

### **Camp Newman Pen Pals**

In a time where even with all the virtual activities and streamed gatherings, nothing can replace the personal connections we make through camp! We're inviting ALL of our campers to sign up for the Newman Pen Pals.

### **Alumni Corner**

Welcome to our "Alumni Corner"! We love our alumni and want to help you stay connected to camp and all of the exciting things we have going on here at Newman. After all, "camp is life and the rest is just details". Here you will find information about current events we have scheduled for alumni, as well as some fun resources we've created just for you.

### **Support the URJ Camp Newman Sustainability Fund**

At this extraordinary time of uncertainty, the need to support Camp has never been more critical. We want to be here now and into the future. We are grateful that The Harold Grinspoon Foundation (HGF) recognizes this need and has announced a new \$10 million matching grant opportunity that will be shared by 100 Jewish overnight camps across North America, including ours.

**This means that your donation will be matched \$1 for every \$2 donated.** Every dollar counts and makes a difference. We know that this is a difficult time for all and we are truly grateful for your partnership and generous support.

### **Mondays at 9 a.m.**

[Mifkad Boker \(morning ritual\) with Camp Newman](#)

### **Thursdays at 8 p.m.**

[Siyum \(learning\) with Camp Newman](#)

### **Sundays at 7 p.m.**

[Havdalah & Siyum](#)



## **TBE Social Hour**

**Thursday, July 2 at 7:00 p.m.**

**This program now meets every other Thursday**

Hang out with your TBE friends

Zoom Meeting ID 585 674 586

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 585 674 586 followed by the # key
3. Press # again

4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## Other Ways to Get Involved

### We want to honor YOU at Shabbat Services

We would love for YOU to participate in our Friday night Shabbat Service by accepting a special honor.



It could be candle lighting, *kiddush*, a reading or a prayer.

Please [email Rabbi Cassi](#) and let us know if you will accept this honor.

Web Site Design  
Home Page



### Looking for help in navigating TBE's website?

Want to find our livestream services and our calendar of events?

Contact our webmaster, Elliott Brunner, and he will take you on a virtual "tour."

### Homeless Support Project

#### Volunteers Needed !

We are making bagged lunches for people who are homeless. If you would like to volunteer to help us make lunches, please email Susan Brooks.



Temple Beth El's Social Action Committee, in partnership with San Pedro United Methodist Church and Pastor Lisa Williams, are making 50 bagged lunches each Saturday for people in our community who are homeless.

If you are unable to help make lunches, you can donate for this project and the other homeless support projects TBE is partnering with United Methodist Church on. [Please donate online](#) or contact [Shoni in the Finance Office](#).





## "VolunteerLA"

### Calling all Angelinos!

Want to volunteer to help fellow Angelinos during this crisis?

Please go to <https://volunteer.lamayor.org/> and indicate the ways in which you are able and willing to help. We are so much stronger as a community because of your help!

## American Red Cross

The Red Cross is encouraging people to make appointments to donate blood.



To do so, go to [redcrossblood.org](http://redcrossblood.org), and put in your zip code to learn about nearby drives and to make an appointment. Appointments are scattered so as to mitigate risks of spreading COVID-19.



## TBE is officially on Instagram ~

Please find us at

<https://www.instagram.com/tbesanpedro/>

@tbesanpedro

Hashtags: #tbesanpedro #tbetime #tbeisforeveryone

Also, **please send photos** for our Facebook and Instagram page to: [communications@bethelsp.org](mailto:communications@bethelsp.org)

## In Our Community

### The Ezra Network

in partnership with The Jewish Federation of Greater Los Angeles



*Working with synagogues, **The Ezra Network** is an initiative of the Jewish Federation of Greater Los Angeles in partnership with Jewish Family Service, Bet Tzedek Legal Services and Jewish Vocational Service.*

As you move through this ever-changing world of response to and living with COVID-19, you may feel anxious and unsettled. The Jewish community is here for you. You do not have to go through this difficult time alone. The Ezra

Network can provide you with short term counseling, financial assistance, legal help, vocational support and so much more.

To access these free services please call or email the Ezra Network service providers:

Social worker (818) 854-9760  
Job Counselor (310) 728-5567  
Legal Counselor (323) 549-5827

You can find more information on our website [JewishLa.org/Ezra](http://JewishLa.org/Ezra).



## **Meals on Wheels San Pedro**

*"It is our mission that no one goes hungry."*

San Pedro "Meals on Wheels" will deliver a sack lunch and a hot meal, mid day, five days a week.

You can find more information about [Meals on Wheels here](#).

Or if you need any help getting groceries or items to your home, [please email Temple Beth El here](#) and we can assist you.

## **Resources from the Union for Reform Judaism (URJ)**



[Please click here for a wonderful resource link](#) to use from the URJ.

### **To access prayerbooks online...**

*Mishkan T'filah for Shabbat:*

- [A free online flip book](#)
- [A discounted Kindle ebook](#)

*Mishkan T'filah for Weekdays, Shabbat, and Festivals:*

- [A free online flip book](#)
- [A discounted Kindle ebook](#)

*The Torah: A Modern Commentary (Plaut)*

- [A discounted Kindle ebook](#)

*Amen: Seeking Presence with Prayer, Poetry, and Mindfulness Practice*

- [A discounted print book](#)

· [A kindle ebook](#)

## Sisterhood



### Help TBE's Caring Community

Caring for one another is our obligation as Jews. By responding to the calls of our fellow TBE members is a way for each of us to reply "*Hineini*" here I am.

**The Caring Community Committee** reaches out to congregants when there has been a death in the family, when a ride is needed for a medical procedure, or a meal after a hospital stay. **But Without You, We Are One Volunteer Short!**

The Caring Community invites you to help us realize our goal of having every congregant be a member of our Caring Community. The Caring Community is an unusual committee, because to be a "member," you only need to be a member of TBE. When we are made aware of a congregant in need you will receive an email from a Caring Community chair, asking for your help. Please respond if you can, when we perform a mitzvah for others, we strengthen them, our entire community and ourselves.

To join the committee or for more information, please contact Gail Burch.

## Lifelong Learning

### Ten Minutes of Torah

TBE is delighted to partner with the Union for Reform Judaism (URJ) to bring opportunities for Jewish study right to your inbox. Five days a week, the URJ publishes Ten Minutes of Torah, a daily email.

**Sign up today.** Be sure to include our congregation's name and location. It only takes 10 minutes to get started on a lifetime of Jewish learning. Begin today!



## Support TBE



## Donate to Temple Beth El

Make a donation online by clicking [here](#).

### Tribute Card

Send a Tribute Card to recognize an event of someone who is important to you! The Sisterhood will send your wishes - on marriage, birth, b'nai mitzvah, bereavement, get well, and more - for \$4.00 per card.



Contact Audrey Stempel to order a Tribute Card.