

## NEWS & UPCOMING EVENTS

**TEMPLE BETH EL**  
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310.833.2467  
[www.bethelsp.org](http://www.bethelsp.org)



### Temple Beth El Census

We hope that you have received your TBE Census 2020.

Your input is valuable to us as we continue to inspire and engage our community. Thank you to those who have completed the census.

**And remember for those completing the census, 3 lucky winners will each receive a \$54 Amazon gift card!**

Questions? Please email [opentent@bethelsp.org](mailto:opentent@bethelsp.org)

### Thank You!

It was lovely to have everyone together for Marthe Cohn's Documentary screening of "*Chichinette: The Accidental Spy*." **We had over 100 households watching from as far away as New York.**



**Signed copies of Marthe's book are for sale through TBE.** For those of you who have already purchased Marthe's book, we will be delivering your books to you very soon. Thank you for your support!

If anyone missed viewing the documentary "*Chichinette: The Accidental Spy*" or wants to re-watch the documentary, DVDs are sold at Target and Best Buy and it can be streamed for a fee from YouTube and Amazon Prime Video.

For questions, please contact the **Finance Office.**

## Tech Team

These amazing folks have volunteered to take calls from anyone having trouble using Zoom.

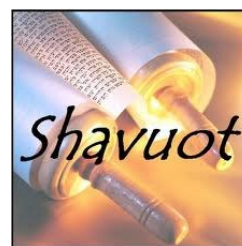
Gale Swartz  
Andrea Lawrence  
Eric Imley

Lillian Imley  
Shoni Gramcko  
Sharyl Holtzman  
Matthaniel Cowell  
Karyn Zafran (available on weekends and after 5pm weekdays)

## Upcoming Virtual Programs

### ***Shavuot***

*Straight from Sinai: Sources of Comfort in a Trying Time*



### **Community Shavuot Program**

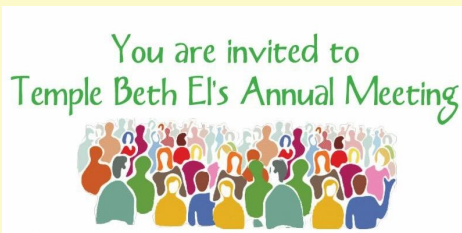
**This Thursday, May 28**

**7:00-9:00 p.m.**

This community-wide Shavuot program will include a prayer service and study with clergy members from **Congregation Ner Tamid, Temple Beth El, Temple Menorah, and Temple Shalom.**

From music to text to cooking workshops to prayer, this program will offer many modes of comfort and meaning during trying times.

Zoom Meeting ID: 986 3189 9713  
Get this password from Carrie



### **Annual Congregational Meeting**

**Wednesday, June 3**

**7:00 p.m.**

Please join us to learn about the state of the synagogue and vote for the proposed slate of Board Members. **An online ballot was emailed last Thursday via Survey Monkey.** If you did not receive it, please check your Spam or Junk folder.

This meeting will be conducted online through ZOOM

Zoom Meeting ID: 857 3740 3967

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 857 3740 3967 followed by the # key.
3. Press # again.
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## ***S'firat HaOmer* - Counting the Omer**

**Every morning at 8:30 a.m.**

***Ends on Shavuot this Thursday, May 28***



Join us on [Facebook Live](#)

Starting on the second day of Passover, we count the days up to Shavuot, when we will receive the Ten Commandments from God. This period of seven weeks is one of introspection and growth.

Each day, Rabbi Cassi will be counting the Omer and offering a short spiritual teacher. This *S'firat HaOmer* (counting the Omer) practice will give us the opportunity to mark time, express gratitude, and embark in meaningful contemplation. This program will be available on Facebook Live every day at 8:30 a.m. through May 28.

**Watch without joining Facebook!** Even if you do not have a Facebook account, you can tune in to this daily post by visiting our page from any browser

<http://www.facebook.com/tbesanpedro/>



## **Teen Opportunity Youth Kahoot & Check-In**

**Tuesdays at 5:00 p.m.**

For all Yaldei Shalom and SPeTY students with Cantor Ilan.

Zoom Meeting ID: 938 934 100

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 983 934 100 followed by the # key.
3. Press # again.

4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## Cantor's Corner

**Tuesdays at 7:00 p.m.**

Please join us for inspiring music with Cantor Ilan

Zoom Meeting ID 511 057 769



## Parent's Survival Hour

**Tuesdays at 9:00 p.m.**

Socialize with other Torah School parents after you put the kids to bed.

Zoom Meeting ID 656 488 312

## Zoom Torah Study

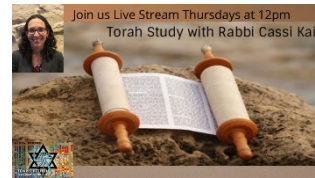
Study from home with Rabbi Cassi Kail

**NO CLASS THURSDAY, MAY 28**

We will resume on Thursday, June 4

Join us to explore the weekly Torah portion. No experience is necessary.

Zoom Meeting ID 561 240 220



## Breakfast & Storytime with Cantor Ilan

**Fridays at 9 a.m.**

Kids, come join Cantor Ilan for Storytime

Zoom Meeting ID 668 983 799



## Shavuot Yizkor Service

**This Friday, May 29**

**10:00 a.m.**

*(Our Contemplative Sound Healing session with Chaplain Bonnie Leopold will not meet. We will resume next Friday, June 5 at 10:00 a.m.)*

Please join us for our Shavuot Yizkor Service of Remembrance. The Yizkor and Shavuot services are a lovely way to celebrate the gift of Torah that Shavuot commemorates and to remember the Torah of our loved ones whose lessons continue to inspire us to this day.

Zoom Meeting ID 842 7817 5696

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 842 7817 5696 followed by the # key.
3. Press # again.
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.



Confirmation

## Confirmation Shabbat Service

**Friday, May 29**

**7:00 p.m.**

Join us for this special Shabbat as we celebrate Shavuot and honor our amazing confirmation class of 5780: **Lillian Imley, Katin Sarner, and Sarah Wagner.**

This service will be conducted online through ZOOM and will also be on Facebook Live.

Zoom Meeting ID: 453 937 541

Facebook Live: <https://www.facebook.com/tbesanpedro/>

## Meditation Class

**Saturday, May 30**

**5:00 p.m.**

Please join Pam Tarlow for our Meditation Class filled with beautiful songs, guided chants, and meditation.



Zoom Meeting ID 380 652 890

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 380 652 890 followed by the # key.
3. Press # again.
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.



## Havdalah Service with Rabbi Cassi Saturdays at 7:00 p.m.

Join Rabbi Cassi for a short musical service marking the end of Shabbat, and the beginning of a new week.

Zoom Meeting ID 793-556-325

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 793 556 325 followed by the # key.
3. Press # again.
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## ***"Peter's Picks"***

Recommended shows & programs to watch from our TV guru, Peter Herwitt



While we are adjusting to a new way of life and behavior for the time being, we are also becoming creative in the way we are using our time. FaceTiming, Zooming, calling family and friends, renewing friendships, reading and sharing thoughts and ideas. At the end of a TBE committee meeting, I have been sharing some movies and programs with the committee members. The question became why not include more people? With this in mind, we came up with the title ***"Peter's Picks"*** (thank you Doris Jacobson). If you have some free time, and you like movies or special programs, give it a try.

**Here are my recommendations for the upcoming week. This week's theme is music and singing.**

Mindenki - (Sing, not the animated film!) Oscar winning Hungarian short film about social injustice. The story involves a new girl at school who joins the school choir. YouTube.

Crescendo - A world famous German conductor is asked to create an Israeli Palestinian orchestra. Google South Bay Film Society. Airing May 3 - June 14. Fee. Available by streaming online on your computer, iPad, or smart TV.

Wishing you happy viewing. Stay safe,  
**Peter**



## TBE Social Hour

**Next Session is Thursday, June 4**

**This program now meets every other Thursday**

Hang out with your TBE friends

Zoom Meeting ID 585 674 586

Or Join Zoom Meeting by Calling:

1. Dial 669-900-6833
2. Enter the meeting ID 585 674 586 followed by the # key.
3. Press # again.
4. You will automatically be muted. To speak, press \*6. When you are done speaking, press \*6 again to mute yourself.

## [From our Jewish camps:](#)

### **June 21-June 27 Save The Date Virtual Camp: Zoomin' with Newman**

For campers entered 2nd-8th grades, this program creates meaningful relationships with campers and counselors, engage in *chuggim* like cooking, guitar, art, dancing, *Teva*, *hashkevah* (Cabin Time), *siyum* (closing circle), and MORE! *Zoom link coming soon.*



### [Create a Digital Quilt](#)

Camp Newman community – we want YOU to participate in our exciting new art project, “A Patchwork Quilt of Camp Newman.”

We want to create something that showcases the beauty of camp and of our community, and ties us together during this time when we are forced to be apart. Your finished piece of art will be one small piece of a “digital quilt” that we will be sharing with the community.

### **Camp Newman Pen Pals**

In a time where even with all the virtual activities and streamed gatherings, nothing can replace the personal connections we make through camp! We're inviting ALL of our campers to sign up for the Newman Pen Pals.

### **Alumni Corner**

Welcome to our "Alumni Corner"! We love our alumni and want to help you stay connected to camp and all of the exciting things we have going on here at Newman. After all, "camp is life and the rest is just details". Here you will find information about current events we have scheduled for alumni, as well as some fun resources we've created just for you.

### **Support the URJ Camp Newman Sustainability Fund**

At this extraordinary time of uncertainty, the need to support Camp has never been more critical. We want to be here now and into the future. We are grateful that The Harold Grinspoon Foundation (HGF) recognizes this need and has announced a new \$10 million matching grant opportunity that will be shared by 100 Jewish overnight camps across North America, including ours.

**This means that your donation will be matched \$1 for every \$2 donated.** Every dollar counts and makes a difference. We know that this is a difficult time for all and we are truly grateful for your partnership and generous support.

#### **Mondays at 9 a.m.**

[Mifkad Boker \(morning ritual\) with Camp Newman](#)

#### **Thursdays at 8 p.m.**

[Siyum \(learning\) with Camp Newman](#)

#### **Sundays at 7 p.m.**

[Havdalah & Siyum](#)

## **Other Ways to Get Involved**



### **We want to honor YOU at Shabbat Services**

**We would love for YOU to participate in our Friday night Shabbat Service by accepting a special honor.**

**It could be candle lighting, *kiddush*, a reading or a prayer.**



Please [email Rabbi Cassi](#) and let us know if you will accept this honor.

## Homeless Support Project Volunteers Needed!

We are making bagged lunches for people who are homeless. **If you would like to volunteer to help us make lunches, please email Susan Brooks.**



Temple Beth El's Social Action Committee, in partnership with San Pedro United Methodist Church and Pastor Lisa Williams, are making 50 bagged lunches each Saturday for people in our community who are homeless.

If you are unable to help make lunches, you can donate for this project and the other homeless support projects TBE is partnering with United Methodist Church on. [Please donate online](#) or contact [Shoni in the Finance Office](#).



## *"VolunteerLA"* Calling all Angelinos!

Want to volunteer to help fellow Angelinos during this crisis?

Please go to <https://volunteer.lamayor.org/> and indicate the ways in which you are able and willing to help. We are so much stronger as a community because of your help!

## American Red Cross

The Red Cross is encouraging people to make appointments to donate blood.

To do so, go to [redcrossblood.org](http://redcrossblood.org), and put in your zip code to learn about nearby drives and to make an appointment.

Appointments are scattered so as to mitigate risks of spreading COVID-19.



**American  
Red Cross**



## TBE is officially on Instagram ~

Please find us at

<https://www.instagram.com/tbesanpedro/>

@tbesanpedro

Hashtags: #tbesanpedro #tbetime #tbeisforeveryone

Also, **please send photos** for our Facebook and Instagram page to: [communications@bethelsp.org](mailto:communications@bethelsp.org)

## In Our Community

### **The Ezra Network** in partnership with The Jewish Federation of Greater Los Angeles



*Working with synagogues, **The Ezra Network** is an initiative of the Jewish Federation of Greater Los Angeles in partnership with Jewish Family Service, Bet Tzedek Legal Services and Jewish Vocational Service.*

As you move through this ever-changing world of response to and living with COVID-19, you may feel anxious and unsettled. The Jewish community is here for you. You do not have to go through this difficult time alone. The Ezra Network can provide you with short term counseling, financial assistance, legal help, vocational support and so much more.

To access these free services please call or email the Ezra Network service providers:

Social worker (818) 854-9760  
Job Counselor (310) 728-5567  
Legal Counselor (323) 549-5827

You can find more information on our website [JewishLa.org/Ezra](https://www.jewishla.org/Ezra).



### **Meals on Wheels San Pedro**

*"It is our mission that no one goes hungry."*

San Pedro "Meals on Wheels" will deliver a sack lunch and a hot meal, mid-day, five days a week.

You can find more information about [Meals on Wheels here](#).

Or if you need any help getting groceries or items to your home, [please email Temple Beth El here](#) and we can assist you.



## Resources from the Union for Reform Judaism (URJ)

[Please click here for a wonderful resource link](#) to use from the URJ.

### To access prayerbooks online...

*Mishkan T'filah for Shabbat:*

- [A free online flip book](#)
- [A discounted Kindle ebook](#)

*Mishkan T'filah for Weekdays, Shabbat, and Festivals:*

- [A free online flip book](#)
- [A discounted Kindle ebook](#)

*The Torah: A Modern Commentary (Plaut)*

- [A discounted Kindle ebook](#)

*Amen: Seeking Presence with Prayer, Poetry, and Mindfulness Practice*

- [A discounted print book](#)
- [A kindle ebook](#)

## Sisterhood



### Help TBE's Caring Community

Caring for one another is our obligation as Jews. By responding to the calls of our fellow TBE members is a way for each of us to reply "Hineini" here I am.

**The Caring Community Committee** reaches out to congregants when there has been a death in the family, when a ride is needed for a medical procedure, or a meal after a hospital stay. **But Without You, We Are One Volunteer Short!**

The Caring Community invites you to help us realize our goal of having every congregant be a member of our Caring Community. The Caring Community is an unusual committee, because to be a "member," you only need to be a member of TBE. When we are made aware of a congregant in need you will receive an email from a Caring Community chair, asking for your help. Please

respond if you can, when we perform a mitzvah for others, we strengthen them, our entire community and ourselves.

To join the committee or for more information, please contact Gail Burch.

## Lifelong Learning

### Ten Minutes of Torah

TBE is delighted to partner with the Union for Reform Judaism (URJ) to bring opportunities for Jewish study right to your inbox. Five days a week, the URJ publishes Ten Minutes of Torah, a daily email.

**Sign up today.** Be sure to include our congregation's name and location. It only takes 10 minutes to get started on a lifetime of Jewish learning. Begin today!



## Support TBE



### Donate to Temple Beth El

Make a donation online by clicking [here](#).

### Tribute Card

Send a Tribute Card to recognize an event of someone who is important to you! The Sisterhood will send your wishes - on marriage, birth, b'nai mitzvah, bereavement, get well, and more - for \$4.00 per card.



Contact Audrey Stempel to order a Tribute Card.